

Dear Parents/ Carers

As a school, we have a statutory duty to teach children about relationships as part of the RSE and Health Education curriculum. We structure learning to include: families and people who care for us; caring friendships; respectful relationships; online relations and being safe. We would like to make you aware of the vocabulary that children will be taught from Year 1 and to highlight the importance of using the correct terms for further learning throughout the school.

Year 1 –

Pupils will learn to use the correct names for the main parts of the body, including external genitalia; and that parts of bodies covered with underwear are private.

Year 2 –

Pupils will learn how to ask for and give/not give permission regarding physical contact and how to respond if physical contact makes them uncomfortable or unsafe.

Year 3 –

Pupils will learn that their body belongs to them and should not be hurt or touched without their permission; what to do and who to tell if they feel uncomfortable.

Year 4 –

Pupils will learn about the right to privacy and how to recognise when a confidence or secret should be kept (such as a nice birthday surprise everyone will find out about) or not agreed to and when to tell (e.g. if someone is being upset or hurt).

Pupils will learn the rights that children have and why it is important to protect these.

Additionally, in order to support Year 4 pupils, we will introduce aspects of puberty. The following objectives will be taught during the Summer term to prepare children for their transition to Middle School.

Pupils will learn...

- about puberty and how bodies change during puberty
- how puberty can affect emotions and feelings
- how personal hygiene routines change during puberty
- how to ask for advice and support about growing and changing and puberty

These objectives are taken from The PSHE Association, which is funded and supported by the Department for Education. Further information can be found at www.pshe-association.org.uk. Our school's RSE Policy and Curriculum Map can be found on our website (About Us then Curriculum Policies).

If you have any comments or queries about the teaching of this subject please email admin@seatondelaval.northumberland.sch.uk and we will respond as soon as possible.

Take care and stay safe,
SDFS