

# Prevention Through Education

# AUTUMN 2021 Issue 4

We're looking forward to working with you over the coming year, whether that's sharing information from the safeguarding world, or visiting your school to deliver our lessons to your students. The <u>SafetyWorks!</u> facility has re-opened, so our Community Safety Advisers Nichola and Sean will be there as well as providing lessons within schools. Keep an eye on our <u>webpage</u> for updates and for a run-down of the lessons we can provide.

\*\*\*We are now fully booked for visits until March 2022; get in touch if you'd like to plan ahead!\*\*\*

# Action on cyber-bullying and indecent image sharing - Look out for an email coming your way mid-October

Some of you hosted our Y8+ Sharing Images (Sexting) sessions last term. These were well received, one school commenting, "Nichola was really knowledgeable and great with the SEND pupils. [Students] reported finding out new information, enjoying the session and feeling able to ask questions. A day well spent!" In conjunction with our POLIT (Paedophile Online Investigation Team) colleagues and the VRU (Violence Reduction Unit), we are spending two weeks (11-22 Oct) highlighting the risks and consequences posed by sharing indecent images online, and the effects of using digital messaging and social media to bully and harass. Our team will be visiting several schools to deliver our Sharing Images input, whilst the VRU's education team will be delivering their KS3+ Malicious Communications lessons (contact vru@northumbria-pcc.gov.uk for more info). We'll be releasing a new video we've created about Sharing Images for KS3+ learners in that email, and for Y5/6 we have available on our webpage our Internet Safety lesson which gives an overview of these issues.

# World Mental Health Day – October 10<sup>th</sup>

Every Mind Matters is an NHS campaign providing support and advice to everyone, and there are specific tips and awareness for children and those caring for them to be found <u>here</u>, and also self-care tips for youths <u>here</u>.

# Anti-bullying week is 15-19 November this year

Visit the Anti-Bullying Alliance's website for more information on this year's theme: One Kind Word

#### 16 days of action on domestic abuse – 25 Nov- 10 Dec

#### Women's Aid healthy relationships toolkit

This toolkit will "help you to lead session around healthy relationships for those aged 4-18. It contains ageappropriate activities... and will help you to hold conversations about the root causes of violence, and educate young people on gender-based violence." Click the link above to access the downloadable toolkit.

#### Drugs awareness: Lean or Purple Drank – <u>Substance misuse information (pdf)</u>

Please click on the link above to learn more about this trend: the misuse of cough syrup mixed with soft drinks. Help and advice on drugs-related matters can be sought at <u>talktofrank.com</u>

# Primary focus Clever Never Goes: resources for schools

The 'Stranger Danger' message has been re-framed to encourage children to never go somewhere with someone when they aren't aware of the arrangements, be it someone they do or don't know. "Most strangers will help rather than harm children. Conversely, it is often people known to children that pose the greatest threat." Sign up to access free resources by clicking the link above.

#### Primary focus Speak Out Stay Safe: NSPCC

"In the average primary school class, two children have suffered neglect or abuse." The NSPCC offer an online programme, including free resources and an assembly. Please visit the link above to find out more.