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Coronavirus (COVID19) advice for parents

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From Liz Morgan – Director of Public Health at Northumberland County Council:

Parents will be aware of national and international concerns about COVID-19, an illness caused by a novel coronavirus.

Children should attend school as normal, unless they are contacted by Public Health England and advised otherwise.

Anybody who is identified as a contact of a case in the UK and who needs to take action will be contacted directly by Public Health England and given individual advice.

Remember – prevention is always better than cure so, as with the flu virus, the most effective way to protect yourself from Covid-19 is to adopt good respiratory and hand hygiene to prevent the risk of infection and a 'catch it, bin it, kill it' approach to coughs and sneezes.

Hand washing is the most important lesson a child can learn and acquiring it is an essential lifelong skill. Children can be taught from as early as 2 years of age about handwashing so now is a really good time to reinforce that learning. Fun ways and activities to teach children how to wash hands effectively are available at <http://mrsaactionuk.net/kidshandwashing.html>

It's important that we all keep up to date with the latest government advice which can be found here:

<https://www.gov.uk/guidance/wuhan-novel-coronavirus-information-for-the-public>

AND

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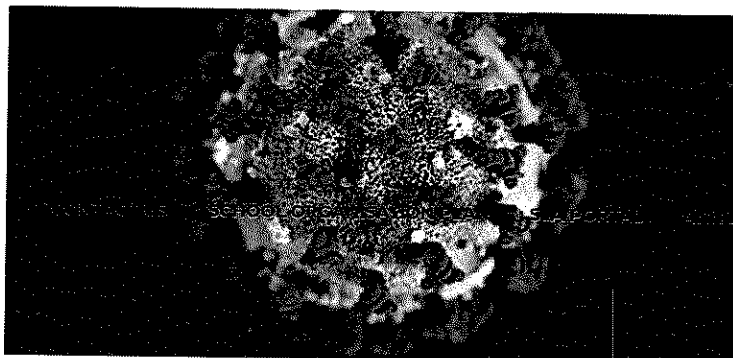
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Coronavirus (COVID-19) - what you need to know

Coronavirus (COVID-19) – read our blog to find out what you need to know.

 **Public health matters**

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