



26th February 2019

Dear Parent/Carer

We wrote to you before half term in relation to height and weight checks for children in Reception and Year 6. Every year in England, children in Reception and Year 6 have their height and weight measured as part of the National Child Measurement Programme (NCMP). Your child's class will take part in this year's measurement programme.

The measurements will be supervised by trained school nursing staff at school in a private space away from other pupils. Children who take part will be measured fully clothed except for their coats and shoes. Routine data such as your child's name, date of birth, sex, address, postcode and ethnicity will also be collected.

After the measurements, we will send you your child's results and information on healthy eating and being active. If your child is identified as being very overweight you may also be contacted by a member of staff to see if you would like any additional advice / support in helping your child achieve a healthy weight. To ensure you receive your child's results could we ask that you provide the school with your up to date address and telephone number. It is also helpful if you update the school with any health issues your child may have that may affect their weight.

If you are happy for your child to be measured and the information above to be given to the nurses please fill out the first slip. If you do not wish your child to take part, please fill in the second slip. **We must have a return slip for every child.** Children missing from school on the day of measurement will be offered the opportunity to be measured later. Please be assured that children will not be made to take part if they do not want to.

The nurses will be in school on the afternoon of the 13th March 2019 to carry out the measurements.

Please return slips by Thursday 7th March 2019.

Yours sincerely,

O Flitcroft
Headteacher

Slip 1

NameClass.....

I would like my child to take part and I also give my consent to give my child's data such as name, date of birth, sex, address, postcode and ethnicity data to the nurses.

Parent/Carer signature.....

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Slip 2

NameClass.....

I **do not** wish my child to be weighed and measured and I **do not** want their data shared.

Parent/Carer signature.....